

UPCOMING EVENTS

Visit our website at vbc.online/events for more detailed information.
You can also sign up for our weekly email newsletter by contacting admin@thecrossing.org.

- VBC Summer Picnic Organizational Meeting - Sunday, February 16th @ 11am
- Altamoms Meeting - Thursday, February 27th @ 7pm
- EXTOL Prayer & Praise - Thursday, March 5th @ 7pm
- Serve Day @ the Arabic Church of Sacramento - Saturday, March 28th @ 9 am
- Small Group Leader Training - Saturday, April 4th @ 9 am

GET CONNECTED

If you're new to VBC, we're glad you're here!
Scan the QR code below to download our VBC App and get connected:



You can also get information online at www.vbc.online/new-here

SONGS & SERMONS

"Because He Lives" - Gloria Gaither,
William J. Gaither

"I Am Set Free" - Leslie Jordan

"Yes and Amen" - Anthony Brown, Nate
Moore, and Chris McClarney

"Cornerstone" - William Batchelder Bradbury,
Eric Liljero, Reuben Morgan, Edward Mote,
Jonas Myrin

"Before the Throne of God Above" - Shane &
Shane

To listen or watch today's message,
visit www.vbc.online/media

FINANCIAL REPORT

Weekly Operating Budget Need.....\$34,979.00
Y-T-D General Fund Need.....\$174,895.00

Giving Last Week.....\$39,726.00
Y-T-D Giving.....\$189,144.00

Visit vbc.online/give for more info on ways to give.

HABITS of the HEART

02/09/20 | MUSIC: SHAWN HOELSCH | MESSAGE: JAY SCOTT

MESSAGE NOTES

Heart Checkup
Review & Use

Philippians 1:27a "Only let your manner of life be worthy of the gospel of Christ,"

Week 1: Christ Dwelling in Our Hearts

Ephesians 3:14-21 "For this reason I bow my knees before the Father, 15 from whom every family in heaven and on earth is named, 16 that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, 17 so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, 18 may have strength to comprehend with all the saints what is the breadth and length and height and depth, 19 and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

20 Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, 21 to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen."

Key Point: Spiritual discipline is the key to understand the depth of our relationship with Christ.

Key verses: Eph 3:17 "so that Christ may dwell in your hearts through faith"

Week 2: Developing a Heavenly Mindset

Colossians 3:1-17 If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. 2 Set your minds on things that are above, not on things that are on earth. 3 For you have died, and your life is hidden with Christ in God. 4 When Christ who is your life appears, then you also will appear with him in glory.

5 Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. 6 On account of these the wrath of God is coming. 7 In these you too once walked, when you were living in them.



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8 But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. 9 Do not lie to one another, seeing that you have put off the old self with its practices 10 and have put on the new self, which is being renewed in knowledge after the image of its creator. 11 Here there is not Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free; but Christ is all, and in all.

12 Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, 13 bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. 14 And above all these put on love, which binds everything together in perfect harmony. 15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. 16 Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. 17 And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Key Point: A heavenly mindset is rooted in understanding our identity in Christ

Key Verse: **Col 3:1-4** *If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. 2 Set your minds on things that are above, not on things that are on earth. 3 For you have died, and your life is hidden with Christ in God. 4 When Christ who is your life appears, then you also will appear with him in glory.*

Week 3 Cultivating Habits in Our Families

Ephesians 6:1-4 *Children, obey your parents in the Lord, for this is right. 2 "Honor your father and mother" (this is the first commandment with a promise), 3 "that it may go well with you and that you may live long in the land." 4 Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.*

Key Point: Parents have the responsibility to nurture their children in developing their heart.

Key Verse: **Eph 6:4** *Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.*

Week 4 Cultivating habits with the Church

Hebrews 10:19-25 *Therefore, brothers, since we have confidence to enter the holy places by the blood of Jesus, 20 by the new and living way that he opened for us through the curtain, that is, through his flesh, 21 and since we have a great priest over the house of God, 22 let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. 23 Let us hold fast the confession of our hope without wavering, for he who promised is faithful. 24 And let us consider how to stir up one another to love and good works, 25 not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.*

Key Point: Our hearts are not exclusively a private matter.

Key Verse: **Heb 10:24-25** *And let us consider how to stir up one another to love and good works, 25 not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.*

Week 5 Cultivating Habits in the Workplace

1 Thessalonians 4:9-12 *Now concerning brotherly love you have no need for anyone to write to you, for you yourselves have been taught by God to love one another, 10 for that indeed is what you are doing to all the brothers throughout Macedonia. But we urge you, brothers, to do this more and more, 11 and to aspire to live quietly, and to mind your own affairs, and to work with your hands, as we instructed you, 12 so that you may walk properly before outsiders and be dependent on no one.*

Key Point: Our work ethic will reflect a heart where Christ is at home.

Key Verse: **1 Thess 4:11-12** *and to aspire to live quietly, and to mind your own affairs, and to work with your hands, as we instructed you, 12 so that you may walk properly before outsiders and be dependent on no one.*

Evaluation and Reflection (questions correspond with the week)

1. How confident are you in your understanding of the fullness of your life in Christ? Why?
2. What does it really mean to set your mind on the things of Christ? How can you more effectively focus on things above?
3. In your family, what habits and patterns that shape the lives of each family member around the fact that Christ is dwelling in their lives?
4. What is the link between Christ in our heart and a vital connection to a local church family?
5. How does your work ethic testify to your relationship with Christ?

The big question: What habit of your heart needs to be better cultivated so Christ is more and more at home in your heart?