

## UPCOMING EVENTS

Visit our website at [vbc.online/events](http://vbc.online/events) for more detailed information.

You can also sign up for our weekly email newsletter by contacting [admin@thecrossing.org](mailto:admin@thecrossing.org).

- VBC Summer Picnic Organizational Meeting - Sunday, February 16<sup>th</sup> @ 11am
- EXTOL Prayer & Praise - Thursday, March 5<sup>th</sup> @ 7pm
- Serve Day @ the Arabic Church of Sacramento - Saturday, March 28<sup>th</sup> @ 9 am
- Small Group Leader Training - Saturday, April 4<sup>th</sup> @ 9 am

## GET CONNECTED

If you're new to VBC, we're glad you're here!  
Scan the QR code below to download our  
VBC App and get connected:



You can also get information online at  
[www.vbc.online/new-here](http://www.vbc.online/new-here)

## SONGS & SERMONS

"Echo" - Israel Houghton, Matthew Ntlele,  
Chris Brown, Steven Furtick, Alexander Pappas

"King of My Heart" - John Mark McMillan,  
Sarah McMillan

"Be Thou My Vision" - Eleanor Henrietta Hull,  
Mary Elizabeth Byrne, Russell Mauldin

"The Stand" - Joel Houston

To listen or watch today's message,  
visit [www.vbc.online/media](http://www.vbc.online/media)

## FINANCIAL REPORT

Weekly Operating Budget Need.....\$34,979.00  
Y-T-D General Fund Need.....\$174,895.00

Giving Last Week.....\$39,726.00  
Y-T-D Giving.....\$189,144.00

Visit [vbc.online/give](http://vbc.online/give) for more info on ways to give.

# HABITS of the HEART

02/09/20 | MUSIC: DAN GILLETTE | MESSAGE: TIM BARLEY

## MESSAGE NOTES

Review & Use

### Week 1: Christ Dwelling in our Hearts

*14 For this reason I bow my knees before the Father, 15 from whom every family in heaven and on earth is named, 16 that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, 17 so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, 18 may have strength to comprehend with all the saints what is the breadth and length and height and depth, 19 and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.*

*20 Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, 21 to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.*

**Ephesians 3:14-21**

Heart Habit Building Step: \_\_\_\_\_

### Week #2: Cultivating Heart Habits in our Individual Lives

*3 If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. 2 Set your minds on things that are above, not on things that are on earth. 3 For you have died, and your life is hidden with Christ in God. 4 When Christ who is your life appears, then you also will appear with him in glory.*

*5 Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. 6 On account of these the wrath of God is coming. 7 In these you too once walked, when you were living in them. 8 But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. 9 Do not lie to one another, seeing that you have put off the old self[d] with its practices 10 and have put on the new self, which is being renewed in knowledge after the image of its creator. 11 Here there is not Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free; but Christ is all, and in all.*



Valley Bible Church

[vbc.online](http://vbc.online)

925.227.1301



CROSSING CAMPUS  
7106 Johnson Drive, Pleasanton, CA 94588



ALTAMONT CAMPUS  
6749 Southfront Road, Livermore, CA 94551

12 Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, 13 bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. 14 And above all these put on love, which binds everything together in perfect harmony. 15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. 16 Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. 17 And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

**Colossians 3:1-17**

Heart Habit Building Step: \_\_\_\_\_

### Week #3: Cultivating Heart Habits in our Families

22 Wives, submit to your own husbands, as to the Lord. 23 For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. 24 Now as the church submits to Christ, so also wives should submit in everything to their husbands.

25 Husbands, love your wives, as Christ loved the church and gave himself up for her, 26 that he might sanctify her, having cleansed her by the washing of water with the word, 27 so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. 28 In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. 29 For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, 30 because we are members of his body. **Ephesians 5:22-30**

Children, obey your parents in the Lord, for this is right. 2 "Honor your father and mother" (this is the first commandment with a promise), 3 "that it may go well with you and that you may live long in the land." 4 Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord. **Ephesians 6:1-4**

Hear, my son, your father's instruction, and forsake not your mother's teaching...  
**Proverbs 1:8**

Heart Habit Building Step: \_\_\_\_\_

### Week #4: Cultivating Heart Habits in our Church Family

23 Let us hold fast the confession of our hope without wavering, for he who promised is faithful. 24 And let us consider how to stir up one another to love and good works, 25 not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near. **Hebrews 10:23-25**

Heart Habit Building Step: \_\_\_\_\_

### Week #5: Cultivating Heart Habits in our Lifework

9 Now concerning brotherly love you have no need for anyone to write to you, for you yourselves have been taught by God to love one another, 10 for that indeed is what you are doing to all the brothers throughout Macedonia. But we urge you, brothers, to do this more and more, 11 and to aspire to live quietly, and to mind your own affairs, and to work with your hands, as we instructed you, 12 so that you may walk properly before outsiders and be dependent on no one.

**I Thessalonians 4:9-12**

10 For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. **Ephesians 2:10**

Heart Habit Building Step: \_\_\_\_\_

#### Heart Habits to Develop:

- Reflecting / Journaling / Spending time alone with God
- Developing & maintaining a life of prayer
- Fasting
- Serving (church & others)
- Purity / Fidelity / Chastity
- Simplifying life
- Studying / Memorizing Scripture
- Evangelizing / Discipleship / Discipling
- Fellowship
- Stewardship / Giving

HABIT to drop: \_\_\_\_\_

HABIT to begin: \_\_\_\_\_

Who will you tell? \_\_\_\_\_